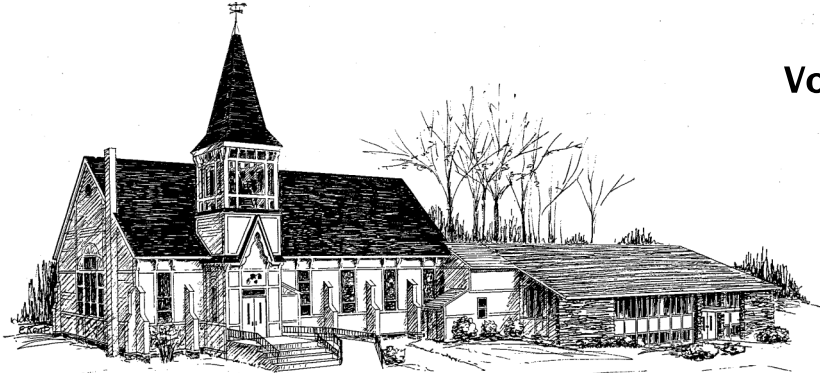


Good News

**The Monthly Newsletter of the People of
HAMILTON UNION PRESBYTERIAN CHURCH
GUILDERLAND, NEW YORK**



Volume 34 No 03

March 2024

Worship Services are held on Sunday at 10:00 a.m.



“I will instruct you and teach you about the direction you should go. I’ll advise you and keep my eye on you.”

~Psalm 32:8

Friends,

Lent came early this year, so it is still hard to believe we are in the thick of this meditative season. I have always found this to be one of my favorite times in the life of the faith community: a time for reflection, for intentionality, for pause.

In the early days of the Christian Church, Lent was a time of preparation for baptism for new converts. It was a season of study and sacrifice, where new habits and practices put the old life to death, that a new life of discipleship might rise.

As I have been back in a classroom this year (for the first time in many years!), I find myself thinking more about discipleship as life-long learning. The above verse from Psalm 32 paints for us who our ultimate teacher and guide is, and like any good teacher, God watches over us, keeping an eye on us — not to instill fear, but comfort; not judgment, but love.

I pray that this season would be one of discovery and newness for each of you, that you will find ways to draw closer to God, to one another, and to yourselves.

Step by step,

~Pastor Kyle



A Sneak Peek at Sermons Coming in March

March 3 – *What Do You Think You Own?* Mark 12:1-12[13-17]

March 10 – Pastor Kyle Away, **Rev. Katy Stenta Preaching**, Mark 12:28-44

March 17 – *What Awaits?* Mark 13:1-8, 24-37

March 24, Palm/Passion Sunday – *What Next?* Mark 14:3-9

March 31, Easter Sunday – *How Do We Go On?* Mark 16:1-8



Join us during this sacred and special time for services that mark the suffering and passion of our Lord Jesus Christ.

Maundy Thursday, March 28, 7:00 pm, with communion

Good Friday Service with Stations of the Cross, March 29, 7:00 pm

Easter Sunrise Service, March 31, 7:00 am

Easter Service Celebration, March 31, 10:00 am

LITURGISTS

- Mar. 3 **Trudy Hutchinson**
- Mar. 10 **Charlotte Hasselbarth**
- Mar. 17 **Ann McKinney**
- Mar. 24 **Rae Rau**
- Mar. 31 **Sue Ferris**

TECH TEAM

- Mar. 3 **Kyle and Audrey Hall**
- Mar. 10 **Diane Irwin & Hugh Stevens**
- Mar. 17 **Karen Williamson and George Hannett**
- Mar. 24 **Meredith and Jack Eberz**
- Mar. 31 **Diane Irwin & Hugh Stevens**

GREETERS

- Mar. 3 **Betty Deitz**
- Mar. 10 **Cindy Schultz**
- Mar. 17 **Trudy Hutchinson**
- Mar. 24 **Ann McKinney**
- Mar. 31 **Joanne Wagner**



Please remember to set your clock on March 10! We wouldn't want you to miss our Worship Service!!



March

BIRTHDAYS

Happy Birthday to

Nancy Messersmith- *March 10*

Jackie House- *March 12*

Jack Gade Jr.- *March 12*

Cindy Schultz- *March 13*

Fred Sirois- *March 15*

George Hannett- *March 19*

Laura Smith- *March 27*

Sue Ferris- *March 28*

Charlotte Hasselbarth- *March 31*

If you would like your birthday, anniversary, or some other special occasion printed in the "Good News", please notify Kim at hupc@hamiltonunionpresbyterianchurch.org.

If you see that an incorrect date is in the "Good News", please let me know. Thanks!

Concert: The Singing Guitar!

Beautiful Melodies Rendered on Acoustic Guitar
by Award-Winning Guitarist,

El McMeen



Opening for El will be
National Mountain
Dulcimer Champ

Nina Zanetti



Date: Sunday, April 14, 2024; 2 PM
Location: Hamilton Union Presbyterian Church,
2291 Western Ave., Guilderland, NY
Tickets: \$20 Adult; \$10 Youth Ages 11-18; Under 11, Free.
Available for Purchase at the Door

**** A portion of ticket and CD sales will go to support the church and its outreach to the community. ****



MAKING CONNECTIONS BIBLE STUDY

The Making Connections adult bible study group has resumed, and will meet on Monday afternoons at 1 P.M on Zoom. Come join the group for a lively and informative discussion.

When: Monday at 1 PM (October 31 through June 28)

Where: Zoom Meeting ID: 829 5227 6592 Passcode: 609425

<https://us02web.zoom.us/j/82952276592?pwd=U1hudkdXTGFRVm9QRHRQZ1JJeUZaQT09>

One tap mobile

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Presbyterian Women's (PW) News – All Women are Welcome

Tues, Mar 26, 10:30 am -12:30 pm - Presbyterian Women's Circle Meeting

At our next Circle Meeting on Tues, Mar 26 from 10:30 am -12:30 pm in the lounge. We will be discussing Lessons 7 Lesson 7, *Sabbath and Self-Care* from the Bible Study *Celebrating Sabbath: Accepting God's Gift of Rest and Delight*. Bring a bag lunch. Beverage and dessert will be provided. Extra study books are available. The Bible Study is discussed during the first hour of our meeting, should you be interested in the Bible Study only. We offer a Zoom option.

All women are invited to participate in any Presbyterian Women's activity at any time. There is no need to make a commitment to join the organization. For questions about Presbyterian Women, contact Charlotte Hasselbarth at 518-356-0637 or chassearth@hotmail.com.



PRESBYTERIAN
WOMEN

Presbyterian Women in the Presbytery of Albany invite you to celebrate

a

World Day of Prayer Service

“I beg you...bear with one another in love.” Ephesians 4:1-3

The service is written by Christian women in Palestine.



Saturday, March 2

1:30 - 2 pm - Fellowship Time

2:00 - 3 pm - Worship Service

A freewill offering will be received for the Presbyterian Disaster Assistance Fund for Palestine/Israel. Make out checks to Presbyterian Women in the Presbytery of Albany and earmark it World Day of Prayer.

Hamilton Union Presbyterian Church
2291 Western Ave., Guilderland, NY 12084 & Zoom

[https://us02web.zoom.us/j/89370962958?
pwd=aVBVMDA4WV15S254K2lEWUtzYUpmZz09](https://us02web.zoom.us/j/89370962958?pwd=aVBVMDA4WV15S254K2lEWUtzYUpmZz09)

Meeting ID: 893 7096 2958



Volunteer Opportunities

The Mission Team announces the next volunteer opportunities at the Regional Food Bank, to sort donated food:

**Thurs., Mar. 21st
From 5:00-6:30pm**



All are welcome, first come, first served. NO sandals or open toe shoes! We are working in a warehouse. A good opportunity to serve the community, and the work is not difficult. If you are interested, Plenty of spots available. Please contact Wayne Gannett to sign up at jgannett@nycap.rr.com. See you there.

At the Food Bank Feb 15, HUPC had 5 participants. Thanks to Kim Matthews and the three capable young women with her home study religion group for pitching in. The mission for HUPC and other volunteers: relabel the incorrect expiration date (2009) printed on every box of 20 pallets of Honey Nut Cheerios, so they would not be rejected by the various food pantries served. Quiet but useful work.

So what about this big warehouse where we volunteer?

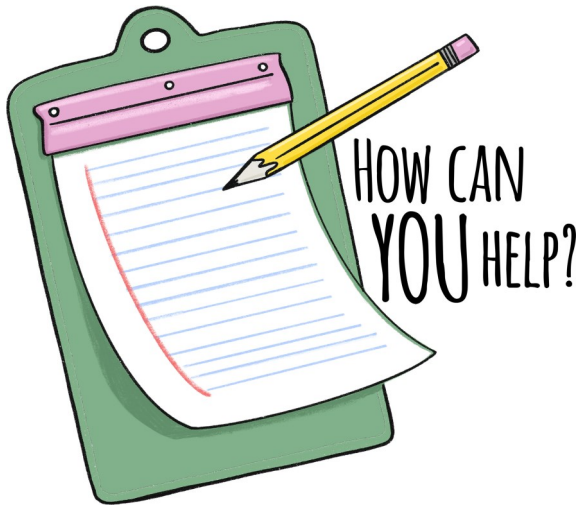
The Regional Food Bank of Northeastern New York owns and operates a 70,000 square-foot distribution center and office facility. The facility includes dry storage space, 17 loading/distribution docks, a 4,000 square-foot cooler and an 11,000 square-foot freezer. There are approximately 35 Food Bank employees operating the distribution center and driving the Food Bank vehicles.

- The distribution center receives 211,500 pounds of food a day
- The freezer is 321,000 cubic feet, which is equivalent to 53,000 household freezers
- The cooler is 120,000 cubic feet, which is equivalent to 10,000 household refrigerators
- Food Bank drivers travel approximately 421,000 miles a year (1,619 miles a day)
- The facility can store 3,086 dry pallets, 1,601 freezer pallets and 375 cooler pallets
- The Food Bank utilizes eight tractors, 14 trailers, 15 straight trucks, and five vans and serves 23 counties in Eastern New York.

Save the Date

**Cornerstone Campus Ministry -
Food and Faith Program**

**Food & People Needed -
Tuesday, April 9, 6 pm - 7:30 pm**



Food and Faith is a program of the Cornerstone Campus Ministry at the Interfaith Center on the UAlbany Campus. Hamilton Union will be

providing a meal on Tues, Apr. 9. Donations of main dish, side dish, and dessert are needed, plus people to visit with the students. Details will be in the April Good News.

Take time to "examen"

I'm grateful to live in an area with distinct seasons. Each time of year has unique characteristics that give way to the next. "For everything there is a season, and a time for every matter under heaven," says Ecclesiastes 3:1 (ESV).

Each change of season also lends itself to *examen*, a spiritual practice that involves reflection. Typically done daily, examen invites people to recall past events (highlights, struggles, even mundane activities) and consider when they especially sensed God's presence or when he seemed distant.

Try a deeper examen four times a year as the seasons change. As a starting point, use your answers to these questions:

- Looking back at the past season, when did I see God at work? What was life-giving to me?
- In what areas did I need God to work? What was life-draining?
- As I enter this next season, how is God inviting me to engage more with his presence?

—Janna Firestone

Did you receive our 200th anniversary save the date in the mail? If not, please let us know at hupc@hamiltonunionpresbyterianchurch.org. Many, many thanks to Laura Scott for creating and editing this beautiful flyer for the Anniversary Committee! Invitations will go out this month!

200TH

ANNIVERSARY

Hamilton Union Presbyterian Church

We joyfully invite you to save the date for Sunday, May 19th, 2024 for a special celebratory worship service at 11:00AM followed by food, fun & fellowship.

MAY 19



Please send us a memory, story or picture(s) to share either by email or mail. If you would like accommodation information or if you have already marked your calendar and plan to attend, please let us know!



Hamilton Union Presbyterian Church
2291 Western Ave.
Guilderland, NY 12084



(518) 456-5410
hupc@hamiltonunionpresbyterianchurch.org

Easter Basket Project 2024
sponsored by HUPC Presbyterian Women

Easter comes early this year on March 31st.

Our annual 2024 Easter Basket Project will begin soon. We appreciate and welcome donations at any time from February 11 through March 22. Easter baskets are donated to the New Faith Program for Women at the Capital Area Rescue Mission in Albany, The Family Life Center at Schenectady City Mission, and the Living Resources, Inc. Group Home where Brian Nitsky resides. We also make baskets for the Church Staff as a way of saying thank you!

Donations of cash/checks are welcome and appreciated. Please make checks out to HUPC Presbyterian Women and place in weekly collection plates at church or mail to church office with notation for Easter Baskets. You may also give donations to Darlene Bauer. Baskets will be prepared and delivered by Darlene in mid March.

THANK YOU for your continued support of our endeavor to spread Easter JOY!

Darlene Bauer

Project coordinator

(518) 456-6420(H) (518) 669-2776 (Cell)

deebauer617@gmail.com



HAMILTON UNION
PRESBYTERIAN CHURCH
(2291 WESTERN AVE, GUILDERLAND)
PRESENTS

200 For Our 200th!



As HUPC nears its 200th anniversary, we're setting a goal to collect 200 each of the following items for the Guilderland Food Pantry!



- vegetable oil
- coffee (regular)
- juice
- spaghetti sauce
- peanut butter
- single serving cereal (backpack)
- microwave ravioli (backpack)
- microwave mac and cheese (backpack)
- tuna/chicken in a pouch (backpack)
- any canned fruit

THE DETAILS:

- Collection goes from 2/18 until 5/26
- Items can be dropped off at HUPC or in the brown bin outside the church

Hamilton Union Happenings- MARCH



Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 Sunrise Easter Service- 7:00AM Choir Practice- 9:30AM Easter Worship Service-10:00AM					1 WORLD DAY OF PRAYER Room Rental (FH)-7:15am-11:45am	2 Room Rental (FH)-7:15am-11:45am PW sponsored World Day of Prayer Service 1:30pm
3 Choir Practice-9:30AM Sunday Worship Service-10:00AM	4 Making Connections Bible Study (Z)-1:00PM	5	6 Room Rental (FH)-7:00PM	7 Choir Practice (FH)- 7:00PM	8 Room Rental (FH)-7:15am-11:45am	9 Room Rental (FH)-7:15am-11:45am
10 Choir Practice-9:30AM Sunday Worship Service-10:00AM * DAYLIGHT SAVINGS TIME*	11 Making Connections Bible Study (Z)-1:00PM	12	13 Room Rental (FH)-7:00PM	14 Choir Practice (FH)- 7:00PM	15 Room Rental (FH)-7:15am-11:45am	16 Room Rental (FH)-7:15am-11:45am
17 Choir Practice-9:30AM Sunday Worship Service-10:00AM	18 Making Connections Bible Study (Z)-1:00PM	19	20 Room Rental (FH)-7:00PM	21 200th Anniversary Meeting-- 10:00a Choir Practice (FH) - 7:00PM Mission Team Food Bank- 5:00pm-6:30p	22 Room Rental (FH)-7:15am-11:45am PW Basket Collection Ends	23 Room Rental (FH)-7:15am-11:45am
24 Choir Practice-9:30AM Sunday Worship Service-10:00AM	25 Making Connections Bible Study (Z)-1:00PM	26 Pres. Women Circle Meeting (L)- 10:30AM Mission Team Meeting-- 7:00PM	27 Room Rental (FH)-7:00PM	28 Maundy Thursday Service- 7:00PM	29 Room Rental (FH)-7:15am-11:45am Good Friday- TBD	30 Room Rental (FH)-7:15am-11:45am

KEY-	(Z)- Zoom (FH)- Fellowship Hall	(L)- Lounge (C)- Conference Room (S)- Sanctuary	(QR)- Quiet Room (PL)- Parking Lot	(Z)- Zoom (FH)- Fellowship Hall
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APRIL 2024- Hamilton Union Happenings– DRAFT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
				Choir Practice (FH)- 7:00PM	Room Rental (FH)-7:15am- 11:45am	Room Rental (FH) -7:15am- 11:45am
7	8	9	10	11	12	13
Choir Practice- 9:30AM Sunday Worship Service-10:00AM	Making Con- nections Bible Study (Z)- 1:00PM	Food & Faith Program—6- 7:30pm (UA)	Room Rental (FH)-7:00PM	Good News Deadline Choir Practice (FH)- 7:00PM	Room Rental (FH)-7:15am- 11:45am	Room Rental (FH) -7:15am- 11:45am
14	15	16	17	18	19	20
Choir Practice- 9:30AM Sunday Worship Service-10:00AM Benefit Concert- Afternoon at HUPC	Making Con- nections Bible Study (Z)- 1:00PM		Room Rental (FH)-7:00PM	200th Anniver- sary Meeting (O)- 10:00AM Choir Practice (FH)- 7:00PM	Room Rental (FH)-7:15am- 11:45am	Room Rental (FH) -7:15am- 11:45am
21	22	23	24	25	26	24
Choir Practice- 9:30AM Sunday Worship Service- 10:00AM Session Meeting- 11:30am	Making Connec- tions Bible Study (Z)-1:00PM	PW Circle Meeting(L)- 10:30am Mission Team Meet- ing- 7:00PM	Room Rental (FH)-7:00PM	Choir Practice (FH)- 7:00PM	Room Rental (FH)-7:15am- 11:45am	Room Rental (FH) -7:15am- 11:45am
28	29	30				
Choir Practice- 9:30AM Sunday Worship Service-10:00AM	Making Con- nections Bible Study (Z)- 1:00PM					
KEY-	(Z)- Zoom (FH)- Fellow- ship Hall	(L)- Lounge (C)- Confer- ence Room (S)- Sanctu- ary	(QR)- Quiet Room (PL)- Park- ing Lot	(Z)- Zoom (FH)- Fellow- ship Hall	(UA) Uni- versity of Albany In- terfaith Cen- ter	(O)- Office

HAMILTON UNION PRESBYTERIAN CHURCH

2291 Western Avenue
Guilderland, New York 12084-9747

Change Service Requested

Dated Material – Please Deliver Promptly.

Church: **518-456-5410**

Fax: **518-456-0002**

E-mail

Office:

hupc@hamiltonunionpresbyterianchurch.org

Pastor:

revkyle@hamiltonunionpresbyterianchurch.org

Website: HamiltonUnionPresbyterianChurch.org
hu-pc.org

Ministers: The People of Hamilton Union

Our Staff:

Rev. Kyle Delhagen, Pastor

Kim Matthews, Administrative Assistant

Carol Scott, Organist & Choir Director

Rae Rau, Director of Handbell Choir

GOOD NEWS

Published monthly by the Session, and is available electronically on our website. Copies are also mailed to select church family households, students away from home, and others.



Kim Matthews, Editor

Email Address:

hupc@hamiltonunionpresbyterianchurch.org

Newsletter deadline for the
April issue is
Thursday, March 14

