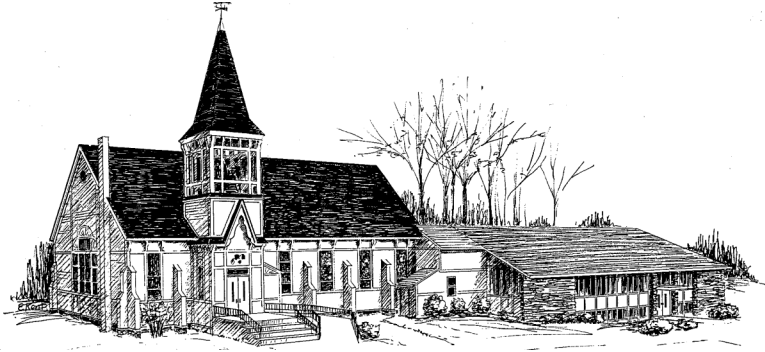


Good News

**The Monthly Newsletter of the People of
HAMILTON UNION PRESBYTERIAN CHURCH
GUILDERLAND, NEW YORK**



Volume 33 No 10

October 2023

Worship Services are held on Sunday at 10:00 am.

“How Beautiful God’s Love”

How beautiful God’s Love for us
So broad, so deep, so clear;
A gift that’s rich and personal,
A joy that’s always near.

—Peggy Ferrell, *Poems and Prayers*



“My vocation is love! In the heart of the Church, who is my Mother, I will be love. So I shall be everything and so my dreams will be fulfilled — to make Love loved.” ~Therese of Lisieux (1873-1897)

Community of love,

One of my favorite books to turn to for daily devotions, which I have probably mentioned more than a few times, is *Common Prayer: A Liturgy for Ordinary Radicals*. Each day's reading offers up a reflection, a psalm, a prayer, and sometimes more. The entry for October 1 tells the brief story of Therese of Lisieux.

“Therese was born to a middle-class family in Lisieux, France. When she was fifteen, she got special permission to join her two older sisters at the Carmelite monastery in their hometown. When she died of tuberculosis nine years later at the age of twenty-four, she was little known outside her community. At the request of her spiritual director, however, Therese had written a memoir of her spiritual journey, title *The Story of a Soul*. It became a spiritual classic almost immediately for its powerfully clear articulation of one ordinary person's desire to give her whole life to Christ by following every moment in the ‘Little Way’ of love and service to one's neighbors. ‘After my death,’ Therese wrote, ‘I will let fall a shower of roses. I will spend my heaven in doing good upon earth.’”

Sometimes we fall into the trap of thinking our faith needs us to perform big, gigantic acts to be genuine. We feel we have to “prove” ourselves as “real” disciples. But the truth is, it is the smallest moments that make the biggest differences. Jesus' most powerful moments were acts of quiet intimacy — kneeling on the side of the road with a blind beggar; in a shut up room with a girl brought back to life in the presence of her parents and three disciples. In fact, it is in Matthew 25 that Jesus teaches us that in the most ordinary acts of service — feeding, clothing, visiting — that we touch the divine and bring God's Kingdom to fruition.

There is no greater vocation than to spend our lives in small acts of service. In the end, they add up to one *great* act of love.

Grace & peace,

~Pastor Kyle



October 1 — Exodus 3:1-15, *Take Your Shoes Off*

October 8 — Deuteronomy 5:1-21; 6:4-9, *Hear, O Israel*

October 15 — Ruth, *Pastor Kyle Away* — guest preacher, Nazish Naseem

October 22 — 2 Samuel 5:1-5; 6:1-5, *Dancing King*

October 29 — 1 Kings 12:1-17, 25-29, *A Kingdom Divided*

Getting to Know Our Sacred Text: The Bible 101

Wednesday Evenings, 7:00 pm (in person but Zoom will be available)

October 18-December 6

It is no secret that many church members feel inadequate about their knowledge of the Bible. The truth is, many pastors feel the same way!

Most Americans own a Bible, maybe even two or three. We hear the Bible quoted in religious, cultural, and political discussions.

Yet too few people really understand what is held in these ancient texts. In fact, there is a lot that we *think* is in the Bible that *isn't* - and vice versa.

Beginning Wednesday evening, October 18, we will embark on a seven week journey of discovery to orient our understanding and get a sense for the whole of the Bible, as well as the sections in the Bible that we wish to learn more about.

We will examine the basic contents of the Bible with the conviction that we first need some level of elementary comprehension of the Bible's stories, poetry, regulations, and teachings in order to imaginatively interpret them.

The overview of our time together will be as follows:

October 18 – The Pentateuch

October 25 – The Historical Books

November 1 – The Poetic Books

November 8 – The Prophetic Books

November 15 – The Gospels & the Acts of the Apostles

November 29 – Pauline Epistles

December 6 – General Epistles & Revelation

The book, *A Guide to Bible Basics*, by Tyler D. Mayfield, is \$18*. If you would like to sign up for the this study, please email Pastor Kyle or Kim in the office.

*checks can be made payable to HUPC, and as always, if cost is prohibitive, please speak to Pastor Kyle!

Planning for End of Life:

A Two-Session Workshop

Saturday, October 21 and Saturday, November 4

10:00 am - 11:30 am (in person only)

It has been said, "In this world, nothing can be said to be certain, except death and taxes." We tend to spend plenty of time and planning on the latter, but pay little attention to the former. Yet planning for the time of our death is an act of love for our families and friends.

When someone dies, everything changes. Time becomes compact; emotions are high. Loved ones have to make important decisions, and what happens more often than not is that we do not know the answers.

"What kind of service did they want?"

"Did she have any favorite hymns?"

"Did he wish to be cremated?"

By identifying your preferences *now*, we give our loved ones the gift of peace.

On Saturday, October 21 and Saturday, November 4, we will gather in the lounge to work through the many questions and considerations we ought to be considering when we think about future planning.

At the end of the workshop, you will have created a document that outlines your wishes and desires, so that you and your loved ones can rest easy, knowing that some questions are already answered.

Annual Mitten Tree Project

Presbyterian Women is again this year sponsoring its Mitten Tree Project. Both handmade or purchased mittens, gloves, hats and scarves for infants, children and adults are requested. Men's gloves and hats are especially needed. We will be collecting from Sun., Nov 19 - Sun, Dec 10. Donations will go to local shelters and agencies. There will be a Christmas Tree in the back of the church for the donations.



If you would like to carpool contact, Charlotte Hasselbarth at 518-356-0637
or chasselbarth@hotmail.com



Presbyterian Women in the Presbytery of Albany Fall Gathering

**Wednesday, October 25 – 11:00 am to 2:30 pm
at
Westminster Presbyterian Church**

Impediments to Children's Literacy

"Train a child in the way they should go and when they are old they will not depart from it" Proverbs 22:6

Dr. Kimberly Wilkins, recently retired New York State Educational Deputy Commissioner of P - 12 Instructional Support

Bisi Shofu, Past Presbyterian Women in the Synod of the Northeast Moderator

Betty Dietz, Volunteer at Wizards Wardrobe, an after school reading tutoring program and member of Presbyterian Women at Hamilton Union Presbyterian Church

- Registration: rsvp to Andrea Ralph at ARalph20@hotmail.com or 516-849-3220 by Oct, 10 if possible so the host church can make appropriate arrangements.
- Registration fee of \$5.00 will be collected at the door.
- Bring a bag lunch. Dessert and beverage are provided.
- New and gently used books (reading level grades 1-3) will be collected for the Wizard's Wardrobe
- A freewill offering will go to the *Wizard's Wardrobe*. Make out checks to Presbyterian Women in the Presbytery of Albany, with Wizard's Wardrobe in the memo line.

LITURGISTS

Oct. 1	Cindy Schultz
Oct. 8	Mark Hutchinson
Oct. 15	Darlene Bauer
Oct. 22	Bill Hasselbarth
Oct. 29	Fred Sirois

TECH TEAM

Oct. 1	Kyle & Audrey Hall
Oct. 8	Meredith & Jack Eberz
Oct. 15	Liz & Declan Egan
Oct. 22	Diane Irwin and Hugh Stevens
Oct. 29	George Hannett and Diane Irwin



GREETERS

Oct. 1	Trudy Hutchinson
Oct. 8	Joanne Wagner
Oct. 15	Ann McKinney
Oct. 22	Cindy Schultz
Oct. 29	Charlotte Hasselbarth



Happy Birthday to:

Hiram Eberlein- Oct. 3

Joanne Wagner- Oct. 15

Keni Banda- Oct. 24

Happy Anniversary to:

**Elena and Kyle Delhagen-
Oct. 17**

If you would like your birthday, anniversary, or some other special occasion printed in the "Good News", please notify Ann McKinney at (518) 488-7195 or email me at: ANNANDPETERMCKINNEY@GMAIL.COM

If you see that an incorrect date is in the "Good News", please let me know. Thanks! *Ann McKinney*



Thank you to all who celebrated Don Montgomery's 94th birthday!

Book Collection for Wizard's Wardrobe

We will be collecting new and gently used books for Wizard's Wardrobe, an after-school Tutoring program in Albany. Monetary donations to purchase books are also accepted. Books for grade levels 1-3 are needed.

Make out checks to Presbyterian Women in Hamilton Union Presbyterian Church, with "Book Collection" in the memo line. Monetary donations can be given to Betty Deitz or put in the Presbyterian Women's mailbox in the church office.

Books can be left in the collection box at the top of the stairs in the Christian Education Building.

Thank you in advance from Presbyterian Women

Save the Date

Cornerstone Campus Ministry - Food and Faith Program
Food & People Needed - Tuesday, November 28, 6 pm - 7:30 pm

Food and Faith is a program of the Cornerstone Campus Ministry at the Interfaith Center on the UAlbany Campus. Hamilton Union will be providing a meal on Tues, Nov. 28. Donations of main dish, side dish, and dessert are needed, plus people to visit with the students. Details will be in the Nov. Good News.

Presbyterian Women's (PW) News – All Women are Welcome

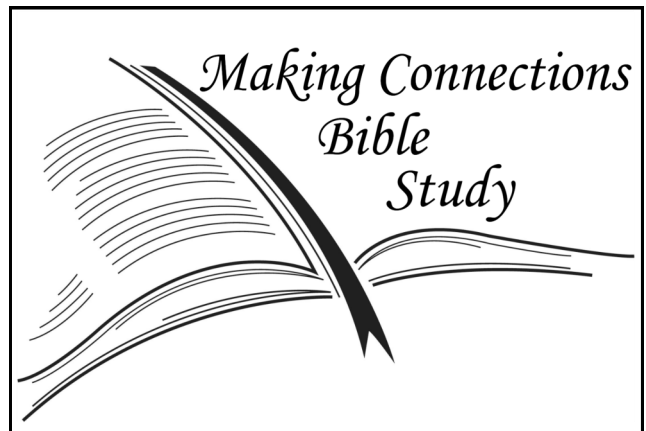
Circle Meetings to Resume on Tues, Oct. 24 New Bible Study
Celebrating Sabbath: Accepting God's Gift of Rest and Delight

All women are invited to participate in any *Presbyterian Women's* activity at any time. There is no need to make a commitment to join the organization. For questions about *Presbyterian Women*, contact Charlotte Hasselbarth at 518-356-0637 or chasselbarth@hotmail.com. We meet in the lounge, with a zoom option.

At our next Circle Meeting on Tues, Oct 24. We will be discussing Lesson 2, Sabbath and Creation from the Bible Study *Celebrating Sabbath: Accepting God's Gift of Rest and Delight*. Bring a bag lunch. Beverage and dessert will be provided. Extra Study books are available. The Bible Study is discussed during the first hour of our meeting, should you be interested in the Bible Study only.

Making Connections Bible Study Invites You

Our Bible Study welcomes everyone! We meet on Mondays at 1pm via Zoom (<https://us02web.zoom.us/j/82952276592?pwd=U1hudkdXTGFRVm9QRHRQZ1JleUZaQT09>) for lively discussion (guided by a volunteer participant) surrounding, but not limited to, the lectionary readings for the upcoming Sunday. If you have any questions, please call Steve Smith (518.462.9837.) We will be on hiatus for the summer and then pick up again on Monday, Sept 11. Hope we'll see you on Monday afternoons!



For the glory of God

In 1 Corinthians 10:23 Paul quotes a maxim apparently well known in Corinth at the time — “All things are permitted” — but then qualifies it: “not all things are beneficial [or] build up.” What if we applied his words to our decisions? For example, should we enjoy a cigarette if we’re old enough to do so legally but others present have struggled to quit? Technically, it would be “permitted” to have a smoke, but it might not “build up” or be “beneficial” for others nearby.

What if we know it’s not *necessary* to say prayers *every* night, but we’re teaching a child habits of the faith? Although skipping prayers a few nights a week is “permitted” because it won’t make or break *our* faith, maintaining that routine — in shorter form if everyone is exhausted — may help “build up” the child spiritually.

What if we *all*, by God’s help, made it a habit to “not seek [our] own advantage but that of the other” — to do all, as Paul writes, “for the glory of God” (vv. 24, 31)? From minor daily choices, to how we vote, to how we use our money and resources, to much more, it could make a huge difference! Surely, Paul believed so. —Heidi Hyland Mann

Volunteer Opportunities

The Mission Team announces the next volunteer opportunities at the Regional Food Bank, to sort donated food:

**Thurs., Oct. 19
From 5:00-6:30pm**



We will have up to 9 slots available, first come, first served. NO sandals or open toe shoes! We are working in a warehouse.

A good opportunity to serve the community, and the work is not difficult. If you are interested, please contact Wayne Gannett to sign up at jgannett@nycap.rr.com.

News on hunger, from CBS News March 21, 2023:

Almost 25% of American adults are food insecure, a jump of about five percentage points from a year earlier as the double whammy of high inflation and the end of pandemic benefits squeezes more household budgets, according to a new study by the Urban Institute.

Food insecurity indicates that someone isn't able to secure enough food for a nutritious diet, which can lead to skipping meals or cutting back on food. Those strategies, though, can have implications for a person's health and well-being, experts say.

The rise in food insecurity comes as more households are struggling to pay their typical bills amid grocery costs that have surged 20% in two years and rents that have increased 13%. Inflation surged last year to a four-decade high just as several pandemic-related benefits came to an end, heightening the financial stress for many, according to the new report from the Urban Institute.

"Food insecurity can be a canary in the coal mine for people who are experiencing high levels of hardship and aren't able to meet their household needs," Kassandra Martinchek, a research associate in the Center on Labor, Human Services, and Population at the Urban Institute, told CBS MoneyWatch.

She added, "It's a household economic condition where folks don't have enough resources to have enough food for their family for an active or healthy life."

OCTOBER-Hamilton Union Happenings



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sunday Wor- ship Service- 10:00AM	2 Making Connections Bible Study (Z) 1:00PM	3 Session Meeting (Z) - 7:00PM	4 Room Use (FH)- 7:00PM	5 Choir Practice- 7:00PM	6 Office Closed	7
8 Sunday Wor- ship Service- 10:00AM	9 Office Closed Making Connections Bible Study (Z) 1:00PM	10	11 Room Use (FH)- 7:00PM	12 Good News Deadline Choir Practice- 7:00PM	13 Office Closed	14
15 Sunday Wor- ship Service- 10:00AM	16 Property Team Meeting (Z)- 7:00PM Making Conne- ctions Bible Study (Z) 1:00PM	17	18 Bible Study (L)- 7:00PM Room Use (FH)- 7:00PM	19 200th Ann. Meeting (Z) 10:00AM Mission Team Food Bank- 5:00PM Choir Practice-7:00PM Deacons Meeting (Z)- 3:00PM	20 Office Closed	21 End of Life Workshop Ses- sion 1 (L)- 10:00-11:30AM
22 Sunday Wor- ship Service- 10:00AM	23 Making Connections Bible Study (Z) 1:00PM	24 PW Circle Meeting (L) -10:30AM	25 Bible Study (L)- 7:00PM Worship & Cong. Life Meeting (Z) -7:15PM	26 Choir Practice- 7:00PM	27 Office Closed	28
29 Sunday Wor- ship Service- 10:00AM (\$0.02 a meal collec- tion) Harvest Fest- 11:00AM (PL)	30 Making Connections Bible Study (Z) 1:00PM	31				
KEY-	(Z)- Zoom (FH)- Fellow- ship Hall	(L)- Lounge (C)- Confer- ence Room (S)- Sanctuary	(QR)- Quiet Room (PL)- Parking Lot	(Z)- Zoom (FH)- Fellow- ship Hall	(UA) Uni- versity of Albany In- terfaith Center	

NOVEMBER-DRAFT-Hamilton Union Happenings



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Book Col- lection for Wizard's Wardrobe ongoing all month long!		1 Room Use (FH)- 7:00PM	2 Choir Prac- tice-7:00PM	3 Office Closed	4
5 Sunday Wor- ship Service- 10:00AM	6 Making Connec- tions Bible Study Resumes (Z) 1:00PM	7 PW Coordin- ating Team- (L)-9:30AM Session Meet- ing (Z)-7:00P	8 Room Use (FH)- 7:00PM	9 Good News Deadline Choir Prac- tice-7:00PM	10 Office Closed	11
12 Sunday Wor- ship Service- 10:00AM	13 Making Con- nections Bible Study Resumes (Z) 1:00PM Communications Meeting (Z)7:00PM	14 PW Circle Meeting (L)- 10:30AM	15 Room Use (FH)- 7:00PM	16 Choir Practice- 7:00PM Deacons Meeting (Z) -3:00PM	17 Office Closed	18
19 Sunday Wor- ship Service- 10:00AM Mitten Tree collect. begins	20 Making Connec- tions Bible Study (Z) 1:00PM Mission Team Meet- ing (Z)-7:00PM Property Meeting- 7:30PM	21	22 Room Use (FH)- 7:00PM	23 Deacons Meeting. (Z)- 3:00p Miss.Team Food Bank- 5:00p Choir Practice- 7:00PM	24 Office Closed	25
26 Sunday Wor- ship Service- 10:00AM (\$0.02 a meal col- lection)	27 Making Connec- tions Bible Study Resumes (Z) 1:00PM	28	29 Room Use (FH)- 7:00PM Worship & CL Meeting (Z)- 7:15PM	30 Choir Prac- tice-7:00PM		30

KEY-	(Z)- Zoom (FH)- Fellow- ship Hall	(L)- Lounge (C)- Conference Room (S)- Sanctuary	(QR)- Quiet Room (PL)- Parking Lot	(Z)- Zoom (FH)- Fellow- ship Hall	
------	---	--	---	---	--

HAMILTON UNION PRESBYTERIAN CHURCH
2291 Western Avenue
Guilderland, New York 12084-9747

Change Service Requested

Dated Material – Please Deliver Promptly.

Church: **518-456-5410**

E-mail

Office:

hupc@hamiltonunionpresbyterianchurch.org

Pastor:

revkyle@hamiltonunionpresbyterianchurch.org

Website: **HamiltonUnionPresbyterianChurch.org**

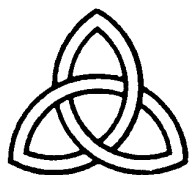
Ministers: The People of Hamilton Union

Our Staff:

Rev. Kyle Delhagen, Pastor
Kim Matthews, Administrative Assistant
Carol Scott, Organist & Choir Director
Rae Rau, Director of Handbell Choir

Newsletter deadline for the
November issue is
Thursday, October 12

GOOD NEWS



Published monthly by the Session, and is available electronically on our website. Copies are also mailed to select church family households, students away from home, and others.

Kim Matthews, Editor

Email Address:

hupc@hamiltonunionpresbyterianchurch.org