

Good News

**The Monthly Newsletter of the People of
HAMILTON UNION PRESBYTERIAN CHURCH
GUILDERLAND, NEW YORK**

Volume 33 No 08



August 2023

Worship Services are held on Sunday at 9:00 am.

**“I alone cannot
change the world,
*but I can cast a stone across
the waters to create many ripples.*”**

—Mother Teresa



“Do not be conformed to this world, but be transformed by
the renewal of your mind.”

~Romans 12:2a

Family of Faith at HUPC,

I have exciting news to share with you! For a while now, I have watched my kids get ready each fall for the start of a new school year, and I have to be honest, in addition to being more than a little relieved that they are finally going back to school, I have also found myself a little jealous. I have always been one who enjoyed school - the process of learning and discovering and stretching and growing.

As most of you are aware, Elena is entering her last year of her seminary studies (in fact, she has only two classes left, one in the fall, one in the spring, then we will celebrate her well!). As she is wrapping up this chapter in her education, I am embarking on a new chapter of my own.

Beginning this fall, I am beginning a three-year Doctoral program at New Brunswick Theological Seminary, where I also received my Master's in Divinity. This Doctoral program (commonly referred to as a D.Min. - Doctor of Ministry), will be focusing on pastoral care and counseling. This has long been a passion area of mine, which deepened in my experience as a hospital chaplain.

I am so very excited to share this journey with you, my church family. I see this educational experience not just as something that will deepen and grow my personal ministry, but also our collective ministry together.

Your prayers are most welcome as I put my “back-to-school” shoes back on for the first time in more than a decade (I think they still fit!). I cannot wait to share my learnings and experiences with you!

Grace & peace,

~Pastor Kyle

Sneak Peek at Sermons Coming in August

August 6 - Genesis 32:22-31, Limping Along

August 13 - Genesis 37:1-4, 12-28, Dangerous Dreams

August 20 - Genesis 45:1-15, Generational Repercussions

August 27 - Exodus 1:8-2:10, Call the Midwife



Happy Birthday to:

Ruth Ryf- Aug. 9

Hannah Hunter- Harris- Aug. 10

Pastor Kyle Delhagen- Aug. 10

Matt Williamson- Aug. 29

Carl Hasselbarth- Aug. 31

Happy Anniversary to:

Maryanne Masley- Hannett &

George Hannett- Aug. 7

If you would like your birthday, anniversary, or some other special occasion printed in the "Good News", please notify Ann McKinney at (518) 488-7195 or email me at: ANNANDPETERMCKINNEY@GMAIL.COM

If you see that an incorrect date is in the "Good News", please let me know. Thanks! *Ann McKinney*

LITURGISTS

Aug. 6 **Trudy Hutchinson**

Aug. 13 **Debbi Waggener**

Aug. 20 **Diane Irwin**

Aug. 27 **Rae Rau**

TECH TEAM

Aug. 6 **Mark Hutchinson and
George Hannett**

Aug. 13 **Liz and Declan Egan**

Aug. 20 **Kyle and Audrey Hall**

Aug. 27 **Diane Irwin and Hugh
Stevens**

COUNTERS

Aug. 6 **Laura Smith and
Michael Hall**

Aug. 13 **Bill Hasselbarth and
Hannah Hunter Harris**

Aug. 20 **Liz Egan and
Peter McKinney**

Aug. 27 **Bill DeBarthe**

GREETERS

Aug. 6 **Charlotte Hasselbarth**

Aug. 13 **Betty Deitz**

Aug. 20 **Trudy Hutchinson**

Aug. 27 **Joanne Wagner**

Daily Reasons to Celebrate

Poor August, the only month without holidays! Still, there's lots to celebrate these final weeks of summer. Enjoy some summer flavors: August 1 is National Raspberry Cream Pie Day; August 2, National Ice Cream Sandwich Day; August 3, National Watermelon Day; August 10, National S'mores Day (have a bonfire!); and August 24 is National Peach Day.

If you share life with young kids, have a water balloon fight on — you guessed it — National Water Balloon Day, August 6! Head out for a final (National) Beach Day on August 30. Or head out for an intergenerational hike on National Trail Mix Day, August 31.

And don't forget to celebrate God's precious gifts of friends — National Friendship Day is the first Sunday in August; creation — Global Sleep Under the Stars Night is August 8 (prime time for meteor showers!); laughter — National Tell a Joke Day is August 16; and the opportunity to put God's love into action by serving others — on August 22, National Be an Angel Day, or August 28, National Thoughtful Day, and, for that matter, every day of the year — holiday or not.

Making Connections Bible Study Invites You

Our Bible Study welcomes everyone! We meet on Mondays at 1pm via Zoom (<https://us02web.zoom.us/j/82952276592?pwd=U1hudkdXTGFRVm9QRHRQZ1JleUZaQT09>) for lively discussion (guided by a volunteer participant) surrounding, but not limited to, the lectionary readings for the upcoming Sunday. If you have any questions, please call Steve Smith (518.462.9837.) We will be on hiatus for the summer and then pick up again on Monday, Sept 11. Hope we'll see you on Monday afternoons!



Book Collection for Wizard's Wardrobe

We will be collecting new and gently used books for Wizard's Wardrobe, an after-school tutoring program in Albany. Monetary donations to purchase books are also accepted. Books for grade levels 1-3 are needed. Specific suggestions are below:

Books Series:

- | | |
|---|----------------------------|
| "Dragon's Love Taco's" | "Dogman" |
| "Big Nate" | "Diary of a Wimpy Kid" |
| "Amelia Bedelia" | "Mo Willems Pigeon" series |
| "Mo Willems Elephant and Piggie" series | "Pete the Cat" |
| "Frog and Toad" | "I Survived" |
| "Babysitter's Club" | "Amulet" |

Make out checks to Presbyterian Women in Hamilton Union Presbyterian Church, with "book collection" in the memo line. Monetary donations can be given to Betty Deitz or put in the Presbyterian Women's mailbox in the church office.

Books can be left in the collection box at the top of the stairs in the Christian Education Building.

Thank you in advance from Presbyterian Women

Presbyterian Women's (PW) News – All Women are Welcome

Circle Meetings to Resume on Tues, Sept 26 - New Bible Study

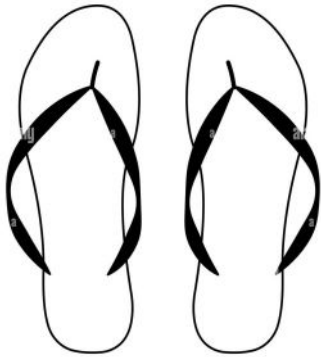
Celebrating Sabbath: Accepting God's Gift of Rest and Delight

We don't have any planned events for the summer. We will begin our new Bible study at our next Circle Meeting on Tues, Sept 26. We will meet from 10:30 am – 12:30 pm. Rev. Kyle Delhagan will introduce the new study, *Celebrating Sabbath: Accepting God's Gift of Rest and Delight* & lead a discussion on Lesson 1, *Sabbath and Celebration*. Bring a bag lunch. Beverage and dessert will be provided.

All women are invited to participate in any *Presbyterian Women's* activity at any time. There is no need to make a commitment to join the organization. For questions about *Presbyterian Women*, contact Charlotte Hasselbarth at 518-356-0637 or chasselbarth@hotmail.com. We meet in the lounge, with a zoom option.

Men's Flip Flops, Socks and Laundry Detergent Needed

Continuous Collection



alamy

Men's flip-flops are needed for the *Capital Area Council of Churches Emergency Overflow Shelter*. They can generally only be purchased in the summer. Donations can be left in the collection box at the top of the stairs in the



Christian Education Building. Men's white athletic socks and laundry detergent are also needed.

Personal Care Items Needed by UAlbany's *Purple Pantry* Continuous Collection

We're collecting personal care items for both men and women for *The Purple Pantry*, the food pantry on the UAlbany Campus. Personal care items are seldom donated and/or are available from the *Food Bank*. Items needed are toothpaste, facial tissues, deodorant, shampoo, soap, contact solution, cotton swabs, & razors. Feminine care products are also needed.



Please place your donations in the basket at the top of the stairs in the Christian Education Building or in the collection box in front of the Christian Education Building, with a note saying they are for *The Purple Pantry*.

Thank You from Presbyterian Women

Bible Study Books to be Ordered***Celebrating Sabbath: Accepting God's Gift of Rest and Delight*****Appropriate for Both Men and Women, Plus Good for Personal or Group Study**

Presbyterian Women will be starting a new Bible study, this September, *Celebrating Sabbath: Accepting God's Gift of Rest and Delight*. This study will consider Sabbath using passages from Genesis, Exodus, Deuteronomy, Isaiah, Matthew, Luke, and Acts.

Some points made in the study are:

- as a celebration, not a day of dreary formality
- as God's intent for all of creation that includes busy women too
- as one day of the week, perhaps a Sunday
- as a time to surrender unhealthy striving and frantic busyness, and instead trust that God will provide
- as a reminder that life is precious and working too much is against God's plans for our precious lives
- as a day devoted to community and justice and not exclusively to self-care

Ultimately, Sabbath reminds us to honor God who honors us by giving us a day each week to reset our pace, our priorities, and our lives.

If you would like to purchase the new study book for the Presbyterian Women's Circle Meetings, your own private use or use in another group, contact Joanne Wagner at 355-1408 or jnnwgnr@yahoo.com by Fri, Sept. 1. The study books are \$10 and \$15 for large print. Payment is due when they arrive, which will be in mid Sept. There will be an option to get a used book at no charge. The first 3 people to order a new regular print one will get a book at a reduced cost of \$7.50, as they had been ordered in advance during a special sale.



Volunteer Opportunities

The Mission Team announces the next volunteer opportunities at the Regional Food Bank, to sort donated food:

**Thurs., August 24th
From 5:00-6:30pm**



We will have up to 9 slots available, first come, first served. NO sandals or open toe shoes! We are working in a warehouse.

A good opportunity to serve the community, and the work is not difficult. If you are interested, please contact Wayne Gannett to sign up at jgannett@nycap.rr.com.

News on hunger, from CBS News March 21, 2023:

Almost 25% of American adults are food insecure, a jump of about five percentage points from a year earlier as the double whammy of high inflation and the end of pandemic benefits squeezes more household budgets, according to a new study by the Urban Institute.

Food insecurity indicates that someone isn't able to secure enough food for a nutritious diet, which can lead to skipping meals or cutting back on food. Those strategies, though, can have implications for a person's health and well-being, experts say.

The rise in food insecurity comes as more households are struggling to pay their typical bills amid grocery costs that have surged 20% in two years and rents that have increased 13%. Inflation surged last year to a four-decade high just as several pandemic-related benefits came to an end, heightening the financial stress for many, according to the new report from the Urban Institute.

"Food insecurity can be a canary in the coal mine for people who are experiencing high levels of hardship and aren't able to meet their household needs," Kassandra Martinchek, a research associate in the Center on Labor, Human Services, and Population at the Urban Institute, told CBS MoneyWatch.

She added, "It's a household economic condition where folks don't have enough resources to have enough food for their family for an active or healthy life."

Ever Outward! A Reminder from the Communications Ministry Team

As you plan events, the Communications Ministry Team would like to remind everyone to consider our greater community, the one outside our church parking lot. Is the event you are planning something people outside of our immediate church community might be interested in?

This is a slightly different mindset than we have had in the past, where we tended to focus on our immediate church family for communications about events. For example, traditionally, we might list an event in the Bulletin, the Monday Digest, and the Calendar and write an article about it for the Good News. However, these are all internal communications outlets – they often don't extend into our greater community.

Reaching our greater community is different now than in years past, when one could put up some flyers around town, send out a news release to the local newspapers, put up a sign on the church lawn and call it good. Signs and flyers still work, but instead of one news release we have a plethora of online community bulletin boards, as well as social media. Each one has a different format and deadline.

Reaching out to our greater community is a major reason we are asking folks to please use the events planning form (paper copy in this newsletter) or include all the information it covers in an email to Kim. Kim will then take your information and put it on bulletin boards, social media, etc. Of particular note on the form is where you would like your event publicized – this is where you can tell Kim it's for the community. **Important: Kim needs your form or information at least three weeks before your event in order to meet publication deadlines for local newspapers and give social media time to do its thing.** Also, it's important to let people – those in our church community and those in the community – know about an event in enough time for them to make plans to attend.

Thank you for your consideration and cooperation!

(Please find our Event Planning Form on the next two pages.)

Event Planning Form-Hamilton Union Presbyterian Church

SCHEDULING:

Name of Event: _____

Name of Contact: _____

Email & Phone # of Contact: _____

Date(s) of Event: _____

Time of Event: _____

Deadline to Sign-Up (if applicable): _____

Purpose of Event (speaker/meal/collection, etc.): _____

LOCATION OF EVENT:

Lounge

Quiet Room

Sanctuary

Other _____

Fellowship Hall

Church Parking Lot

WHO IS INVITED:

All Church Members

Open to the Community

Session

All Women

_____ Ministry Team Deacons

Bible Study Group

Rev. Kyle

DETAILS:

Do you need a zoom meeting set up? _____

(Do you need a sign-up sheet?/ what needs to be brought?/ freewill offering?/ childcare available?/ carpool info?/ etc.):

Event Planning Form-Hamilton Union Presbyterian Church– page 2

INFORMATION SHARING:

- | | |
|--|---|
| <input type="checkbox"/> Newspapers/Online Bulletin Boards | <input type="checkbox"/> Good News Newsletter |
| <input type="checkbox"/> Church- Wide email | <input type="checkbox"/> Monday HUPC Digest |
| <input type="checkbox"/> Facebook | <input type="checkbox"/> Flyers |
| <input type="checkbox"/> Sunday Bulletin Announcements | |

Date(s) for Communication Outlets: _____

Any Other Pertinent Information:

Backpack to School Event Saturday, August 26, 11 am - 2 pm

Every August, families receive letters from school. These letters are exciting! Who will the new teacher be? When is the first day? What will I need?

For some, these letters bring smiles and anticipation (if not a little sadness that summer will be coming to an end). For many, however, these letters bring a twinge of anxiety, particularly around the “school supply” lists. Backpacks, notebooks, pencils, erasers... parents start doing the math, adding up how much all of this will cost.

In the last year, with rising inflation and consumer costs, these anxieties are only growing more severe. One parent shared with me that, between their three school-aged children, last year they spent over two hundred dollars on school supplies alone - not to mention back-to-school clothes, shoes, and haircuts!

Like last year, our congregation will be stepping up to meet the needs presented by these challenges, to give some help and ease the burden on families in our school district. We still have quite a bit of supplies to donate that were left over from last year. So, for now, we are all set with donations.

On Saturday, August 26, we will have a “Backpack to School” event, where families in our community will be invited to come and get a backpack stuffed with school supplies for the coming academic year.

Additionally, we will have a cookout to celebrate with these families and our community, activities for all ages, and some time for fellowship with our neighbors in Guilderland and beyond.

If you are interested in helping out with the event on August 26th, please see Pastor Kyle! Any and all help is welcome!



AUGUST- Hamilton Union Happenings



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Session Meeting- 7:00PM	2 Brooks BBQ (PL) 3:00-6:00pm	3	4 Office Closed	5
6 Sunday Worship Service- 9:00AM	7	8	9	10 Good News Deadline	11 Office Closed	12
13 Sunday Worship Service- 9:00AM	14 Communications Meeting (Z) - 7:00PM	15	16	17 Office Closed Deacons Meeting (Z)- 3:00pm	18 Office Closed	19
20 Sunday Worship Service- 9:00AM	21 Finance Meeting (Z) -7:00PM Property Meeting (Z) 7:30PM	22	23 Worship & Congregational Life Meeting (Z) - 7:00pm	24 Mission Team Food Bank- 5:00pm	25 Office Closed	26 Backpack to School Event (PL)- 11:00AM-2:00PM
27 Sunday Worship Service- 9:00AM	28	29	30	31		
KEY-	(Z)- Zoom (FH)- Fellowship Hall	(L)- Lounge (C)- Conference Room (S)- Sanctuary	(QR)- Quiet Room (PL)- Parking Lot	(Z)- Zoom (FH)- Fellowship Hall	(UA) University of Albany Interfaith Center	

SEPTEMBER-DRAFT- Hamilton Union Happenings



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Book Col- lection for Wizard's Wardrobe ongoing all month long!		1 Office Closed	2
3 Sunday Wor- ship Service- 9:00AM	4 OFFICE CLOSED- LABOR DAY	5 Session Meeting- 7:00PM	6	7 Good News Deadline	8 Office Closed	9
10 Sunday Wor- ship Service- 10:00AM Re- sumes	11 Communica- tions Meet- ing (Z)- 7:00PM	12 PW Coordi- nating Team- (L)-9:30AM	13	14	15 Office Closed	16
17 Sunday Wor- ship Service- 10:00AM	18	19	20	21 Deacons Meeting.(Z)- 3:00p Miss. Te am Food Bank- 5:00p	22 Office Closed	23
24 Sunday Wor- ship Service- 10:00AM	25 Finance Meeting (Z)- 7:00PM Property Team Meet- ing 7:00PM	26 PW Circle Meeting (L)- 10:30AM	27 Brooks BBQ (PL) 3:00- 6:00pm Worship & CL Meeting (Z)- 7:15PM	28	29 Office Closed	30

KEY-	(Z)- Zoom (FH)- Fellow- ship Hall	(L)- Lounge (C)- Conference Room (S)- Sanctuary	(QR)- Quiet Room (PL)- Parking Lot	(Z)- Zoom (FH)- Fellow- ship Hall
------	---	--	---	---

HAMILTON UNION PRESBYTERIAN CHURCH
2291 Western Avenue
Guilderland, New York 12084-9747

Change Service Requested

Dated Material – Please Deliver Promptly.

Church: **518-456-5410**

E-mail

Office:

hupc@hamiltonunionpresbyterianchurch.org

Pastor:

revkyle@hamiltonunionpresbyterianchurch.org

Website: **HamiltonUnionPresbyterianChurch.org**
hu-pc.org

Ministers: The People of Hamilton Union

Our Staff:

Rev. Kyle Delhagen, Pastor
Kim Matthews, Administrative Assistant
Carol Scott, Organist & Choir Director
Rae Rau, Director of Handbell Choir

Newsletter deadline for the
September issue is
Thursday, August 10

GOOD NEWS



Published monthly by the Session, and is available electronically on our website. Copies are also mailed to select church family households, students away from home, and others.

Kim Matthews, Editor

Email Address:

hupc@hamiltonunionpresbyterianchurch.org